

Useful Websites for Adults and Children

Help from Cyber Mentors

Cybermentors is a place your children can go to talk to other people their own age if they are being bullied or are troubled by things.

www.beatbullying.org

Worried about viruses, hacking and online security?

Being the victim of online crime can be as distressing as real-world robbery. Learn about the real risks and how to protect your family at GetSafeOnline. You'll find advice on shopping and banking online; social networking and using smartphones and tablets, plus lots more.

www.getsafeonline.org

Childnet International

Advice and useful resources for parents, carers and young people.

www.childnet.com/resource

e-Safety

Online tips and help

www.thinkuknow.co.uk/parents



Children, ICT & e - Safety



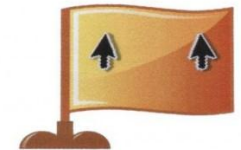
ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

The Purpose of this guide

Children of today are increasingly using Information & Communication Technology (ICT) in schools and at home.

This guide explains:

- How your children are using ICT in school
- How using ICT in the home can help children to learn
- How children can use the Internet safely at home
- Where to access further information

How your child uses ICT at School

ICT in schools is taught as a subject in its own right and also supports children's learning in other subjects, including English and Numeracy. Within ICT lessons children learn to use a wide range of ICT including

Word Processing to write stories, poems or letters

Databases to record information

Spreadsheets to create tables and graphs

Publishing to design posters or leaflets

Drawing programs to create pictures and designs

Internet to find information

Digital Cameras to record what has been done in class or on a visit

Controllable Robots to give instructions

How you can help your child at home

ICT is not just about using a computer. Children can be helped to develop their ICT skills at home by

- Writing a letter to a relative
- Sending an email to a friend
- Drawing a picture on screen
- Using the Internet to research information
- Use interactive games.

Using the Internet safely at home

While many Internet Service Providers offer filtering systems and tools to help you safeguard your child at home, it remains surprisingly easy for your children to access inappropriate material including unsuitable text, pictures and movies. Parents are advised to set the security levels within Internet Explorer or other browsers with this in mind. Locating the computer in a family area where possible, not a bedroom will enable you to supervise your son or daughter as they use the Internet. Also consider mobile phones and games consoles and other devices that can access the Internet. However, don't deny them the opportunity to learn from and enjoy the wide variety of material and games available on the Internet. Instead, discuss with them some simple rules for keeping safe online and making sure they understand the importance.

Simple rules for keeping your child safe

To keep your child safe they should:

- Only use websites you have chosen together
- Ask permission to open an email from someone you don't know
- Only use a webcam with people they know
- Only email people you know
- Not use real names on games and websites
- Never arrange to meet someone they have 'met' on the Internet
- Never give out any personal information such as Name and Address.

