



Thrybergh Primary School

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Dear Parents/Carers

Sickness Bug in School

I am writing to inform you that there is currently an outbreak of a sickness bug within the school.

We have been in discussion with Public Health England who have acknowledged all of the procedures that the school have put in place so far;

All hand rails, door handles and surfaces in which hands regularly come into contact across the school have been disinfected (this is being repeated several times across the day).

All desks in the affected areas are being disinfected regularly across the day.

All children in the affected area are checked by an adult to make sure they have used soap to wash their hands after a visit to the toilet.

As is our normal practice, antibacterial hand gel continues to be used before children eat tuck or have lunch. Any children exhibiting symptoms are being sent home.

All sickness bugs are due to an air borne virus that will have been brought into the school from the community. If your child/children exhibit any of the symptoms below, they need to be kept home from school for 48 hours.

- Temperature
- Tummy ache
- Sickness
- Diarrhoea

Preventing the spread of sickness bugs

A sickness bug is easily spread – you can catch it simply by touching contaminated surfaces or objects.

All adults, both in school and at home, can help prevent the spread of a sickness bug by:

- washing hands frequently with household soap, and encouraging children to do the same – especially after going to the toilet
- ensuring any infected child is not sharing things such as toys, blankets, and so on
- keeping any child with symptoms of a sickness bug home from school and away from other children where possible – children with a sickness bug should also avoid contact with vulnerable adults, such as elderly relatives

How do you treat a sickness bug?

To treat the symptoms of a sickness bug, we recommend the following for children and young people:

Ensure they drink plenty of water to avoid dehydration. Give them liquid paracetamol for any fever or aches and pains.

If they feel like eating, give them easy to digest foods.

Contact your GP or NHS 111 to seek advice if the symptoms last longer than a few days, or visit nhs.uk for more information.

Yours faithfully
Robyn McDermott
Headteacher



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