

PRIMARY PHYSICAL EDUCATION (PE) RULES

DO



- HAVE YOUR CORRECT PE KIT
- APPROPRIATE FOOTWEAR
- TRAINERS FOR OUTDOORS
- LONG HAIR TIED BACK
- ASK FOR AN ELASTIC BAND IF YOU DON'T HAVE A BOBBLE
- NO EAR RINGS
- NO JEWELLERY
- NO WRIST BANDS
- HAVE EXTRA LAYERS TO TAKE OUT WITH YOU
- HAVE TRACKSUIT BOTTOMS (WINTER)
- HAVE A LONG SLEEVE TOP (WINTER)
- HAVE A WATER BOTTLE
- FOLLOW INSTRUCTION
- BE SAFE WITH THE EQUIPMENT YOU ARE USING
- LEARN AND ENJOY PE

DO NOT



- WEAR YOUR UNIFORM FOR PE
- WEAR YOUR SCHOOL SHOES FOR PE
- WEAR SANDALS OR SLIP-ONS
- WEAR BOOTS UNLESS INSTRUCTED TO WEAR SPORTS BOOTS
- LEAVE YOUR HAIR DOWN
- LEAVE YOUR JEWELLERY IN
- ASK TO GO BACK INTO SCHOOL FOR A DRINK
- USE APPARATUS ON THE PLAYGROUND WHILST DOING PE (CLIMBING FRAMES ETC)
- ASK TO GO BACK INSIDE FOR EXTRA ITEMS OF CLOTHING
- ENDANGER YOURSELF AND OTHERS BY NOT USING THE EQUIPMENT SENSIBLY AND SAFELY